



Puyallup School District 2022 Season 2 JH and Winter HS Concussion Baseline Testing at **Olympic Sports and Spine**

Who Needs a Baseline Concussion Test?

Proof of a baseline concussion test is required by the Puyallup School District **prior** to participation in Basketball, Football, Soccer, Volleyball and Wrestling. Baseline tests are valid for **two full years**, the same as athletes' physicals. There will be opportunities to schedule baseline appointments prior to every sports season.

How Do I Get Tested?

Attend one of the below listed Baseline Concussion Test days.

DATE	TIME	LOCATION
Saturday, October 29 th	9:00am-12:00pm	South Hill Clinic
Tuesday, November 1 st	6:30pm-8:30pm	East Main Clinic
Wednesday, November 2 nd	6:30pm-8:30pm	South Hill Clinic
Saturday, November 5 th	9:00am-12:00pm	East Main Clinic
Monday, November 7 th	6:30pm-8:30pm	South Hill Clinic
Tuesday, November 8 th	6:30pm-8:30pm	East Main Clinic
Thursday, November 10 th	6:30pm-8:30pm	East Main Clinic
Saturday, November 12 th	9:00am-12:00pm	South Hill Clinic
Monday, November 14 th	6:30pm-8:30pm	East Main Clinic
Tuesday, November 15 th	6:30pm-8:30pm	South Hill Clinic
Wednesday, November 16 th	6:30pm-8:30pm	East Main Clinic

East Main Clinic: 1423 E Main Ave, Puyallup **South Hill Clinic:** 16222 Meridian Ave E, Puyallup

How Do I Schedule a Test?

Baseline Concussion Tests are provided by appointment only and can only be schedule online. To make an appointment, visit www.osstherapy.com/services/baseline

Appointment times are set up to accommodate the highest volume of athletes in the most efficient way possible. Please expect the overall time for the baseline testing process to be 15-25 minutes.

Because we anticipate that all appointment schedules will be full, we will NOT be able to accept unscheduled, walk-in appointments.

How Much Does a Test Cost?

The cost is \$15 dollars, payable by card during the online registration process.

Please **DO NOT** call any Olympic Sports & Spine clinic to schedule an appointment. If you have questions, please visit our website www.osstherapy.com or email baselinetesting@osstherapy.com