

# Athletics COVID-19 Response

Puyallup SD Athletics will follow the [PSD Return to School Playbook](#) when responding to exposure or confirmation of COVID-19 cases. Items below are directly from this document.

For detailed information on PSD response, link to the [Department of Health's COVID-19 Guidance for Schools](#)

## COVID-19 POSITIVE GUIDANCE

*The Department of Public Health recognizes that some individuals who test positive for COVID-19 may not exhibit any symptoms.*

### **A staff member or student with confirmed COVID-19 can return to work or school when:**

- At least 10 days have passed since symptoms first appeared, AND
- At least 24 hours have passed since the fever has resolved (without the use of medications) and symptoms have improved.

### **Asymptomatic staff or students with confirmed COVID-19 can return to work or school when:**

- 10 days have passed since the date of the COVID-19 test.

If you are concerned about your health, notify your healthcare provider, supervisor (staff) or school nurse (students), and do not come to work or school.

## COVID-19 EXPOSURE GUIDANCE

*The following is public health guidance on what to do if you've been exposed to someone with a COVID-19 diagnosis or positive test.*

### **Close contact includes the following circumstances:**

- Living in the same household with a confirmed case of COVID-19.
- Being within six feet of a sick person with COVID-19 for 15 minutes or more.
- Being in direct contact with secretions from a person with a confirmed case of COVID-19 (e.g., being coughed on, sharing utensils, etc.).

### **Staff or students who have been exposed to COVID-19 can return to work or school after:**

- 14 days have passed since the last day they were in close contact with the person diagnosed with COVID-19.

If a staff or student develops symptoms during their 14 days quarantine period they should consult with their Healthcare Provider and seek testing for COVID-19.

If testing is sought and you test positive for COVID-19, follow the COVID-19 Positive Guidance.

- A negative test does not shorten the 14 day quarantine period.
- If you are out of work or school due to exposure and end up testing positive for COVID-19, please notify the school right away.
- If you are concerned about your health, notify your healthcare provider, supervisor (staff) or school nurse (student) and do not come to work or school.

## COVID-19 EXPERIENCING SYMPTONS GUIDANCE

The most common symptoms per Washington State Department of Health:

Fever (100.4) or chills	Headache
Cough	Recent loss of taste or smell
Shortness of breath or	Sore throat
Difficulty breathing	Congestion or runny nose
Unusual fatigue	Nausea or vomiting
Muscle or body aches	Diarrhea

For ill persons **without** known exposure to a confirmed COVID-19 case who are experiencing COVID-19 symptoms:

- **If PCR testing for COVID-19 is not performed**, stay home for 24 hours after the fever has resolved (without the use of medications) and symptoms have improved AND 10 days have passed since symptoms first showed up.
- **If PCR testing for COVID-19 is negative**, stay home until 24 hours after the fever has resolved (without the use of medications) and symptoms improve.

Parents/Guardians and Students: Provide a copy of the negative test from your healthcare provider to the school nurse.

Staff: Work with your building administrator to submit your negative test documentation to Human Resources.

- If you have not had known exposure AND have a clear, non-respiratory alternative diagnosis **from a healthcare provider** you may return to work or school by following the guidance specific to your diagnosis.

Parents/Guardians and Students: Provide a copy of the healthcare provider alternative diagnosis to the school nurse.

Staff: Work with your building administrator to submit your alternative diagnosis documentation to Human Resources.

For ill persons **with** known exposure to a confirmed COVID-19 case who are experiencing COVID-19 symptoms:

- Stay home until 14 days after being in contact with a confirmed COVID-19 case, AND
- 24 hours after the fever has resolved and symptoms have improved, AND
- 10 days have passed since symptoms first showed up.
- People who are ill AND had known exposure to COVID-19 should contact their healthcare provider and seek testing.

**If you are sick, please stay home.**

- If you have questions, please contact the school.  
Parents/Guardians and Students: Work with your school nurse on any questions.  
Staff: Work with your building administrator on any questions.
- When in doubt, remain home until you have been cleared to return to work or school.
- If you are out of work or school sick and end up testing positive for COVID-19, please notify the school right away.

## COVID-19 **RESPONSE PROTOCOL**

*The following is the Puyallup School District Response Protocol when there is a COVID-19 positive test in a school or district facility*

PSD will activate a protocol for any staff member or student who has been on campus that reports a positive COVID-19 test. Close contact to an individual who reports a positive diagnosis will result in DPH-required quarantine. Students impacted by this will transition to distance learning. Employees impacted will work with their supervisor and Human Resources to determine work assignment and/or leave.

### **Staff and Student Protocol**

1. Positive results are reported to the school nurse (students) or supervisor and Human Resources (staff).
2. For students: School nurse reports to Health Services Coordinator to coordinate with the health department.
3. For staff: Supervisor reports to Human Resources to coordinate with the Health Services Coordinator and health department.
4. Close contact investigation conducted in partnership with health department.
5. All persons found to have been in close contact with positive case will be notified by phone and letter in order to begin quarantine.
6. All persons found to have been in close contact with a positive case will be contacted by Tacoma-Pierce County Health Department to review quarantine instructions and answer any questions.

Close contact is defined as being within six feet for 15 minutes or longer.

## COMMUNICATION OF COVID-19 POSITIVE CASES

### **Public Health Notification**

*Puyallup School District will notify local public health officials in all circumstances in which we receive notification of a positive test, or in other circumstances that require further consultation.*

### **Student, Family, and Staff Communication**

It is the goal of PSD to keep staff and families informed of COVID positive cases impacting school and district facilities while respecting the privacy of individuals.

- For each positive COVID case, close contacts will be notified by the phone (PSD and health department) and letter (PSD).
- After the confidential, private notification to close contacts, additional communication will be provided as directed by the Tacoma-Pierce County Health Department.

## QUARANTINE IMPACT

### **Quarantined Students should:**

- Monitor your personal health, and if you do not feel well, contact your family doctor.
- As long as you stay well, continue to access distance learning options.

### **Quarantined Employees should:**

- Monitor your personal health, and if you do not feel well, contact your health care provider.
- Use appropriate leave or request an accommodation through Human Resources.

Puyallup School District will follow required health department contact tracing and quarantine measures in the event of a positive COVID-19 diagnosis. This could result in students and some staff moving in and out of on-campus and distance learning environments as we are directed by the health department.

**School Classrooms:** As required by the health department, when a student receives a positive COVID-19 diagnosis, a close contact investigation will be initiated.

Parents of students determined to be in close contact will be notified by phone and students will be required to quarantine for 14 days.

Total school closure will occur if advised by the health department.