

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Puyallup School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. May is National Physical Fitness and Sports Month. Make an effort to get some exercise with your child every day this month!
- 2. Plan a picnic with your child.
- 3. Measure things a new way. How many fingers long is your child's bed?
- 4. When your child asks you a question, show her how to find the answer for herself.
- 5. Try to give your undivided attention when your child is talking to you.
- 6. Look for a community service project to do as a family.
- 7. Prepare a special breakfast today. As you eat, talk with your child about summer plans.
- 8. Play math baseball with your child. Each correct answer is a base hit.
- 9. Correct mistakes in a positive way: "You spelled everything right except these two words. I bet you can fix them!"
- 10. Give your child opportunities to make decisions. It's a skill that gets better with practice.
- 11. Pay your child a genuine and specific compliment.
- 12. Tell your child that you know he can succeed in school.
- 13. Record a conversation with your child. Listen to it together and talk about how your voices sound.
- 14. Encourage your child to imagine how others might be feeling in different situations.
- 15. Have a contest. Which family member can name the most parts of the body?
- 16. Let school lessons spark your imagination. Visit an educational website with your child.
- 17. On a map, help your child locate places where family members came from.
- 18. Discuss the importance of starting the day with a nutritious breakfast.
- 19. How many types of punctuation can your child find today?
- 20. Attendance is still important! Recommit to having your child start school on time every day.
- 21. Plan an outdoor adventure day. Visit a zoo, park or playground.
- 22. Show your child how her shadow moves. Look at shadows at different times of the day. Do they change?
- 23. Walk to a local landmark with your child. Later, have him make a map of your route, including *north*, *south*, *east* and *west*.
- 24. Encourage your child to ask older family members about their memories of childhood.
- 25. Have each family member bring an interesting historical fact to dinner.
- 26. Talk to your child about cheating. What are reasons some people cheat? Emphasize that cheating is *always* wrong.
- 27. How many times can your child jump rope? Jump and count together.
- 28. Mix 1 cup cornstarch and ½ cup water in a bowl. Squish it and it becomes solid. Let it sit and it turns back into a liquid.
- 29. Take a walk with your child in a nearby park. Talk about the flowers and birds that you see.
- 30. Today is Memorial Day. Talk to your child about what this day means to you.
- 31. Encourage your child to write a thank-you note to a favorite teacher.