

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Puyallup School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Watch the sun rise and set with your child. Talk about how the Earth's rotation makes the sun seem to rise in the east and set in the west.
- 2. April is National Poetry Month. Check out a few books of poetry from the library to read with your child.
- 3. Watch TV with your child and ask, "Was that show realistic?"
- 4. Play math "Jeopardy" as a family. Give a number. Who can come up with a problem for which it is the answer?
- 5. Teach your child the meaning of *homographs*—words that are spelled the same but have different meanings, such as *bass* (fish or instrument).
- 6. Encourage your child to sort books by subject. She can use the library's system or invent her own.
- 7. Tell your child about the best and worst parts of your day. Ask about his.
- 8. Have a music-sharing evening. Share your favorite music with each other. Talk about how it makes you feel.
- 9. Does your child know your state capital? If not, help her look it up.
- 10. Help your child mark off inches on the side of a clear, straight-sided jar. Set it outside. See how many inches of rain you get in one week.
- 11. Brainstorm ways your family could help beautify your neighborhood.
- 12. Review fire safety today. What should your child do in case of a fire? Teach him an escape route from his bedroom.
- 13. Ask your child "what if" questions. "What if it never rained?" "What if everyone had the same name?"
- 14. Have your child draw an upside-down picture today.
- 15. Help your child review math facts by writing them on the sidewalk with chalk.
- 16. Look for ways to involve your child in your hobbies. For example, if you are a runner, take your child for a short jog.
- 17. Encourage your child to write a letter or email to a friend.
- 18. Together, write a poem about your family. Start each line with a letter from the word FAMILY.
- 19. Watch a different kind of TV program with your child, such as a documentary or a nature show. Talk about what you learned.
- 20. Look through catalogs or magazines with your child for pictures containing 90-degree angles. Create a collage of these angles.
- 21. Taste-test different types of apples with your child.
- 22. When your child is struggling, remind her how she has handled tough situations in the past.
- 23. Sit face to face with your child. Take turns mirroring exactly what the other person does.
- 24. Have your child write a poem or story from the point of view of a bird.
- 25. Review spelling or vocabulary words with your child. Challenge yourselves to use them in conversation as often as possible this week.
- 26. Use a toothpick dipped in lemon juice or milk to write a message to your child. To decipher, hold the paper up to a light bulb.
- 27. It's the birthday of Samuel Morse. Have family members send messages to each other in Morse Code.
- 28. Start telling a story to your child. Have him write an ending for it.
- 29. Practice division. Ask your child, "How many of your lifetimes has Grandma lived? Aunt Elizabeth?"
- 30. Take a "trip" to another country. Help your child go online to find out what life is like for school children there.