



Your medical decisions just got a whole lot easier.



You have a Medical Ally to help with any medical condition.

- Support from our team of nurses, physicians and other healthcare professionals over the phone, via secure email or texting
- Information to help you better understand your medical condition and treatment options
- Help getting a second opinion when you need one
- Recommendations for the best local, in-network doctors and hospitals for your needs
- Guidance on the right questions to ask your doctor

Information and guidance on these important areas:

1. **Diagnosis**
2. **Treatment options**
3. **Doctors**
4. **Hospitals**
5. **Coping with your condition**



Earn a **\$400 Gift Card!**

Has your doctor recommended surgery?

We'll help you understand the risks and benefits before you decide. If you or your spouse are considering any of the surgeries below, you could receive a **\$400 gift card** for participating at least 30 days before your surgery!*

- Lower back surgery
- Hip or knee replacement
- Weight loss surgery
- Hysterectomy

*To be eligible for a gift card, start the program at least 30 days before your surgery date for one of the surgeries above and complete a survey at the end. Gift card is provided by ConsumerMedical; recipient is responsible for any applicable taxes. Call for more details.

Enroll Today

- www.myconsumermedical.com
To register, enter company code **CVT**
- Call 1-888-361-3944**
Monday – Friday, 5:30 a.m. to 8:00 p.m. Pacific
- MyMedicalAlly app**
Download free from the App Store or Google Play