



# RAMAPO HIGH SCHOOL WEEKLY BULLETIN

September 14 – September 18, 2020



Monday, September 14	Tuesday, September 15	Wednesday, September 16	Thursday, September 17	Friday, September 18
<b><i>VIRTUAL</i></b> A Day	<b><i>VIRTUAL</i></b> B Day	<b><i>VIRTUAL</i></b> A Day	<b><i>VIRTUAL</i></b> B Day	<b><i>VIRTUAL</i></b> A Day
<b>Minimum Day for Students</b>	<b>Virtual Back to School Night 7:00 pm</b>			

**Thought for the week from Centers for Disease Control and Prevention (CDC):** Based on data from 2006–2010, the CDC estimates that, on average, **alcohol** is a factor in the **deaths** of 4,358 **young** people under age 21 each year.

The Library Media Center is open virtually every day and they are available to help you find books, work on research and MLA, or simply help you navigate fake news vs. real news. You have a question, they have the answer! Just simply Schoology message Mrs. Ferro or email [mferro@rih.org](mailto:mferro@rih.org).



### SPORTS PHYSICAL UPDATE

As you may already be aware, Governor Murphy signed into Law the NJ Senate/Assembly Bill extending the sport’s physical due date. Acting out of an abundance of caution for student health and safety, both the Indian Hills/Ramapo High School nurses and the Athletic Departments are strongly encouraging all Fall Athletes to provide a new physical within a year of the 2020 NJSIAA Fall Season official start date, Monday 09/14/20.



Doctor’s Office and Minute Clinics (like CVS) that offer sport’s physicals to student athletes are open.

We ask that you return your completed Physical Forms to the school by mail to the Attention of the Nursing Department. Thank you for your cooperation.

### LOOKING AHEAD TO NEXT WEEK

Monday, September 21	Tuesday, September 22	Wednesday, September 23	Thursday, September 24	Friday, September 25
B Day	A Day	B Day	A Day	B Day
	<b>Minimum Day for Students</b>			