

HEADSTART & PREK MENU

NOV

MENU 2022

GEAR UP FOR TURKEY TROT

MARATHON



ANNOUNCEMENTS:

Breakfast free Pre-K-5th
 \$2.10 grades 6-12th
 Lunch \$3.35 paid, \$.40 reduced
 \$4.50 for non-students & adults.
 Breakfast is served with a choice of milk, juice and fruit. Lunch is served with a choice of milk.
 Menu is subject to change without notice due to weekly deliveries

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST Breakfast Crackers
Popcorn Chicken
 Mashed Potatoes
 Green Beans
 Roll
 Diced Peaches

2ND Mini Pancakes
Deep Dish Pizza
 Baked Beans
 Pineapple Tidbits

3RD Cereal
Cheesy Breadsticks
 Cheesy Broccoli
 Cinnamon
 Applesauce

4TH PBJ
Chicken Bites
 Carrot Coins
 Fruit Cup

7TH Pancake Wrap
Breaded Pork Chop
 Mashed Potatoes
 Roll
 Brown Gravy
 Mandarin Oranges

8TH French Toast Sticks
Nacho Grande
 (taco meat, nacho cheese & chips)
 Refried Beans
 Apple Slices

9TH Sausage Biscuit
Corn Dogs
 Smile Fries
 Mixed Fruit

10TH Cereal
Crispy Chicken Sandwich
 Green Beans
 Fruity Jello

11TH Waffles
Pizza
 Carrot Coins
 Bananas

14TH Breakfast Muffin
Chicken Tenders
 Potato Wedges
 Roll
 Gravy
 Strawberries

15TH Mini Pancakes
Pizza
 Pinto Beans
 Frozen Emoji Cup

16TH Kolaches
Hot Dogs
 French Fries
 Snowball Salad

17TH Cereal
Popcorn Chicken
 Mashed Potatoes
 Apple Slices

18TH Triple Berry French Toast
French Bread Pizza
 Green Beans
 Diced Peaches

21ST

22ND

23RD

24TH

25TH

THANKSGIVING BREAK

28TH Pancake Wrap
Chicken Fried Steak
 Gravy
 Mashed Potatoes
 Diced Peaches

29TH French Toast Sticks
Pizza
 Pinto Beans
 Pineapple Tidbits

30TH Sausage Biscuit
Cheesy Breadsticks
 Cheesy Broccoli
 Cinnamon Applesauce



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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K-5 MENU

NOV

MENU 2022

GEAR UP FOR TURKEY TROT



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST Breakfast Crackers
Bearcat Bowl
 Green Beans
 Roll
 Brown Gravy
 Diced Peaches

2ND Mini Pancakes
Deep Dish Pizza
 Baked Beans
 Fresh Veggie Cup
 Pineapple Tidbits
 Chocolate Chip Cookie

3RD Cereal
Cheesy Breadsticks
 Cheesy Broccoli
 Marinara Sauce
 Cinnamon Applesauce

4TH PBJ
Chicken Bites
 Chips
 Carrot Coins
 Celery Sticks
 Fruit Cup
 Sherbet Cup

7TH Pancake Wrap
Breaded Pork Chop
 Mashed Potatoes
 Steamed Broccoli
 Roll
 Brown Gravy
 Mandarin Oranges

8TH French Toast Sticks
Nacho Grande
 Refried Beans
 Cucumbers
 Salsa
 Grapes
 Ice Cream Cup

9TH Sausage Biscuit
Corn Dogs
 Smile Fries
 Tiny Tomato Cup
 Mixed Fruit

10TH Cereal
Crispy Chicken Sandwich
 Green Beans
 Garden Salad
 Fruity Jello

11TH Waffles
Pizza
 Carrot Coins
 Fresh Zucchini
 Bananas
 Carnival Cookie

14TH Breakfast Muffin
Chicken Tenders
 Potato Wedges
 Breaded Okra
 Roll
 Gravy
 Strawberries

15TH Mini Pancakes
Pizza
 Pinto Beans
 Baby Carrots
 Frozen Emoji Cup

16TH Kolaches
Hot Dogs
 French Fries
 Tiny Tomato Cup
 Snowball Salad

17TH Cereal
Popcorn Chicken
 Mashed Potatoes
 Crunchy Broccoli Salad
 Roll
 Apple Slices
 Cookie

18TH Triple Berry French Toast
French Bread Pizza
 Green Beans
 Garden Salad
 Diced Peaches

21ST

22ND

23RD

24TH

25TH

THANKSGIVING BREAK

28TH Pancake Wrap
Chicken Fried Steak
 Gravy
 Roll
 Mashed Potatoes
 Green Beans
 Diced Peaches

29TH French Toast Sticks
Pizza
 Baked Beans
 Fresh Veggie Cup
 Pineapple Tidbits
 Chocolate Chip Cookie

30TH Sausage Biscuit
Cheesy Breadsticks
 Cheesy Broccoli
 Marinara Sauce
 Cinnamon Applesauce



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JR. HIGH MENU

NOV

MENU 2022

GEAR UP FOR TURKEY TROT



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST Kolaches
Bearcat Bowl
 Green Beans
 Roll
 Brown Gravy
 Diced Peaches

2ND Waffles & Sausage
Deep Dish Pizza
 Baked Beans
 Fresh Veggie Cup
 Pineapple Tidbits
 Chocolate Chip Cookie

3RD Breakfast Burrito
Cheesy Breadsticks
 Cheesy Broccoli
 Marinara Sauce
 Cinnamon Applesauce

4TH Sausage Biscuit
Chicken Bites
 Chips
 Carrot Coins
 Celery Sticks
 Fruit Cup
 Sherbet Cup

7TH Breakfast Pizza
Breaded Pork Chop
 Mashed Potatoes
 Steamed Broccoli
 Roll
 Brown Gravy
 Mandarin Oranges

8TH French Toast Sticks
Nacho Grande
 Refried Beans
 Cucumbers
 Salsa
 Grapes
 Ice Cream Cup

9TH Power Breakfast
Corn Dogs
 Smile Fries
 Tiny Tomato Cup
 Mixed Fruit

10TH Pancake Wrap
Crispy Chicken Sandwich
 Green Beans
 Garden Salad
 Fruity Jello

11TH Cinnamon Roll
Pizza
 Carrot Coins
 Fresh Zucchini
 Bananas
 Carnival Cookie

14TH Pancakes & Bacon
Chicken Tenders
 Potato Wedges
 Breaded Okra
 Roll
 Gravy
 Strawberries

15TH Breakfast Combo
Pizza
 Pinto Beans
 Baby Carrots
 Frozen Emoji Cup

16TH Dutch Waffle & Sausage
Hot Dogs
 French Fries
 Tiny Tomato Cup
 Snowball Salad

17TH Breakfast Pizza
Popcorn Chicken
 Mashed Potatoes
 Crunchy Broccoli Salad
 Roll
 Apple Slices
 Cookie

18TH Donut Holes & Sausage
French Bread Pizza
 Green Beans
 Garden Salad
 Diced Peaches

21ST

22ND

23RD

24TH

25TH

THANKSGIVING BREAK

28TH Kolache
Chicken Fried Steak
 Gravy
 Roll
 Mashed Potatoes
 Green Beans
 Diced Peaches

29TH Early bird Sandwich
Pizza
 Baked Beans
 Fresh Veggie Cup
 Pineapple Tidbits
 Chocolate Chip Cookie

30TH Breakfast Burrito
Cheesy Breadsticks
 Cheesy Broccoli
 Marinara Sauce
 Cinnamon Applesauce



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SECOND OPTION MENU

NOV

MENU 2022

GEAR UP FOR
TURKEY TROT



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST
TURKEY STACK

2ND
GRILLED CHEESE W/CHIPS

3RD
PBJ LUNCHABLE

4TH
PIZZA LUNCHABLE

7TH
TACO QUESADILLA

8TH
PEPPERONI MELT

9TH
HAMBURGERS

10TH
PIZZA

11TH
PBJ LUNCHABLE

14TH
NACHO DIPPERS

15TH
HOT HAM & CHEESE

16TH
TURKEY STACK

17TH
GRILLED CHEESE W/CHIPS

18TH
MEATBALL SUB

21ST
THANKSGIVING BREAK

22ND
THANKSGIVING BREAK

23RD
THANKSGIVING BREAK

24TH
THANKSGIVING BREAK

25TH
THANKSGIVING BREAK

28TH
ROLLED TACO W/CHIPS

29TH
CHICKEN BURGER

30TH
CORN DOGS



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HIGH SCHOOL MENU

NOV

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MARATHON



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 Menu is subject to change without notice due to weekly deliveries

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST Kolaches
Bearcat Bowl
 Green Beans
 Roll
 Brown Gravy
 Diced Peaches

2ND Waffles & Sausage
Deep Dish Pizza
 Baked Beans
 Fresh Veggie Cup
 Pineapple Tidbits
 Chocolate Chip Cookie

3RD Breakfast Burrito
Cheesy Breadsticks
 Cheesy Broccoli
 Marinara Sauce
 Cinnamon Applesauce

4TH Sausage Biscuit
Chicken Bites
 Chips
 Carrot Coins
 Celery Sticks
 Fruit Cup
 Sherbet Cup

7TH Breakfast Pizza
Breaded Pork Chop
 Mashed Potatoes
 Steamed Broccoli
 Roll
 Brown Gravy
 Mandarin Oranges

8TH French Toast Sticks
Nacho Grande
 Refried Beans
 Cucumbers
 Salsa
 Grapes
 Ice Cream Cup

9TH Power Breakfast
Corn Dogs
 Smile Fries
 Tiny Tomato Cup
 Mixed Fruit

10TH Pancake Wrap
Crispy Chicken Sandwich
 Chips
 Green Beans
 Garden Salad
 Fruity Jello

11TH Cinnamon Roll
Pizza
 Carrot Coins
 Fresh Zucchini
 Bananas
 Carnival Cookie

14TH Pancakes & Bacon
Chicken Tenders
 Potato Wedges
 Breaded Okra
 Roll
 Gravy
 Strawberries

15TH Breakfast Combo
Pizza
 Pinto Beans
 Baby Carrots
 Frozen Emoji Cup

16TH Dutch Waffle & Sausage
Hot Dogs
 French Fries
 Tiny Tomato Cup
 Snowball Salad

17TH Breakfast Pizza
Popcorn Chicken
 Mashed Potatoes
 Crunchy Broccoli Salad
 Roll
 Apple Slices
 Cookie

18TH Donut Holes & Sausage
French Bread Pizza
 Green Beans
 Garden Salad
 Diced Peaches

21ST

22ND

23RD

24TH

25TH

THANKSGIVING BREAK

28TH Kolache
Chicken Fried Steak
 Gravy
 Roll
 Mashed Potatoes
 Green Beans
 Diced Peaches

29TH Early bird Sandwich
Pizza
 Baked Beans
 Fresh Veggie Cup
 Pineapple Tidbits
 Chocolate Chip Cookie

30TH Breakfast Burrito
Cheesy Breadsticks
 Cheesy Broccoli
 Marinara Sauce
 Cinnamon Applesauce



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