

**Hours of Operation**

**Nurse Practitioner**

Mon., Tues., Thurs., 8:30—2:30

**Behavioral/Mental Health Services**

By appointment 729-2951 x8026

*The school nurse is available Mon-Fri 7:30-2:45, and can treat symptoms of illness if the nurse practitioner is not available.*

**Eagles Health Clinic Staff**

Nurse Practitioner

**Laurel Reever, FNP-C**

729.2951, ext. 8024

School Nurses

**Kelsey Fogg, RN, BSN, BA**

729.2951, ext. 8023

**Ellen Martel, BSN, RN**

Fridays

729.2951, ext. 8023

**Lindsay Dorsey**

Administrative Assistant

729.2951, ext. 8025

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**Dr. Lawrence Losey**

The Eagles Health Clinic Medical Director

795-5730

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**Administrative Office**

Phone: 207.729.2951 ext. 8025

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Mt. Ararat High School  
School-Based Health Center  
Affiliated with Mid Coast Hospital

**Mt. Ararat High School**



A School-Based Health Center (SBHC)

We offer enhanced health services at Mt. Ararat High School so students and parents do not have to miss valuable class or work time leaving the building to seek medical care.

Our clinic is supported by grants from the Maine Department of Health and Human Services; the United Way of Mid Coast Maine.; the Maine Women's Giving Tree; the John T. Gorman Foundation; the Bowdoin College Common Good Grant; and individual donors.

Revised June 2020

**Our Mission**

To promote quality healthcare to our youth by providing services and programs in school that assure that they are both physically and emotionally prepared to take full advantage of their educational opportunities and experience a positive healthy lifestyle.

# "Healthy Students Make Better Learners"

## ~Services We Provide~

### ~Nurse Practitioner~

- ◆ Provides clinical expertise in diagnosing, treating and monitoring common health conditions, emphasizing disease prevention & health management. Will prescribe medication if needed.
- ◆ We will work with your primary care provider (PCP) and share necessary information for best health outcomes; we do not replace your PCP.
- ◆ Common clinic visits include:
  - sore/strep throat ●allergies ●cough/cold
  - ear infection ●headache ●asthma flares
  - muscle strains & sprains ●stomach upset
  - glucose monitoring ●minor injuries
- ◆ We can also perform sports and camp physicals (with appointment)
- ◆ Conduct one hour screenings for mental and emotional health, lifestyle habits (diet, exercise, weight) and preventive health maintenance. Provide reproductive health education.

### ~Behavior/Mental Health Therapy~

- ◆ Behavior/Mental health counseling services are available on-site by licensed clinical social worker . \*(Additional parent/guardian consent is required and insurance will be billed. Help with co-pays may be available)

### ~Dental Care~

- ◆ Oral health screenings, treatment and referrals are available from a Registered Hygienist. Insurance and self-pay available.

## ~Enrollment Information~

**ALL** students are eligible for enrollment. Enrollment stays in effect through the end of each school year. Consent may be revoked at any time with written notification.

**Parental permission is required unless student is 18 years old.**

**Insurances Are Billed through the SBHC but Lack of Health Insurance Should Not Be a Deterrent to Enrolling**

### Major Benefits of Enrolling

You will not have to leave work for your child to be seen and treated by the Nurse Practitioner.

One hour health assessment with the Nurse Practitioner to support any physical and emotional needs so students can have a positive, healthy educational experience.

### ~Confidentiality~

**We strongly recommend parent/guardian participation,** however, all medical records containing information regarding mental health and substance abuse treatment and reproductive health care must be kept confidential by law, just as in your primary care provider office.

**No information is shared with school staff without your permission.**

## ~Why Join~

Convenience of care at school = students are able to return to class quickly and stay engaged in learning. Parents can stay at work while their child is being seen by the NP and/or Mental Health Therapist.

### ~Feedback~

#### ~From one of our parents~

*"Please feel free to share with the board how pleased I have been with the accessibility and quality of health care at the High School-School-Based Health Center. It is a wonderful program. It is difficult for kids, especially kids in sports with working parents, to leave for a scheduled doctors' appointment. It is great to be able to be evaluated for such things as strep throat, ear infections, etc. with minimal difficulty. I am glad my daughter did not have to miss school in order to be seen. It makes a big difference academically."*

#### ~Student comments~

"You receive quality treatment."  
"I like the kind and caring actions of the nurse."  
"Always treat you like family."  
"I think they all care about the well being of each individual student."

***A Healthy Child  
is a Better Student!***