



RSU 22 COVID-19 Health and Safety Protocols 2022-2023

COVID Positive Protocols

Students and staff who **test positive for COVID-19** are required to **isolate for 5 days** from the onset of symptoms or the positive test date, whichever is earlier.

Individuals whose symptoms have **improved by the end of Day 5 (no fever)** may resume normal **activities** including the return to school, but must wear a **mask for an additional 5 days** (Days 6-10). Individuals whose **symptoms have not improved** at the end of Day 5 should **continue to isolate** until symptoms improve.

Proof of **2 negative tests (conducted 48 hours apart)** between days 6 and 10 **may reduce required masking** time.

Illness

Students and staff are **encouraged to remain home when ill** and must remain home for 24 hours following vomiting and/or a fever. If you have questions about whether or not your student should remain home, please contact their school.

Masking

Masking is **optional** for all students, staff, and visitors at all RSU 22 facilities (inside, outdoors, and on school-related transportation), except as noted above.

Athletics - Returning after testing positive for COVID 19

Student athletes who have tested positive **do not require a doctor's note to return to play** nor do they need to participate in a graduated return to play protocol.

Communicating a Positive Test

If your student tests positive for COVID-19, please notify their school nurse.