

BECKMAN CATHOLIC		FEBRUARY LUNCH MENU			At least 80% of grains served are whole grain rich (WGR). The remaining grains are enriched.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Jan.30	Alternate Pizza Option Jan.31	1	Alternate Pizza Option 2	3	
French Toast Sticks	Hot Dog on Bun	Walking Taco	Sloppy Joe on Bun	Grilled Chicken Sandwich	
Sausage Links	Colossal Crisp Fries	Shr.Cheese/Shr.Lettuce/Sour Cream	Smiley Potatoes	Mashed Potatoes & Gravy	
Hashbrown Patty	Steamed Green Beans	Refried Beans	Steamed Broccoli	Steamed Carrots	5
Carton of Orange Juice	Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	
Blueberries/Salad Bar	Mixed Fruit	Pear Halves	Diced Peaches	Diced Pineapple	
Cinnamon Applesauce	O'Henry Bar	Chocolate Chip Cookie	Raisins	Ice Cream Cup - Happy CSW!!!	
6	Alternate Pizza Option 7	8	Alternate Pizza Option 9	10	
Chicken & Noodles	Hamburger on Bun	Homemade Pepperoni Pizza	Soft Shell Taco	Chicken Tenders	
Garlic Breadstick	Colossal Crisp Fries	Breadstick	Shr.Cheese/Shr.Lettuce/Sour Cream	Smiley Potatoes	1
Steamed Peas	Steamed Broccoli	Steamed Carrots	Refried Beans	Dinner Roll	
Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	Tortilla Chips/Salsa/Queso	Steamed Green Beans	
Mixed Fruit	Diced Peaches	Pear Halves	Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	
Chocolate Pudding	Apple Crisp	Dried Cranberries	Diced Pineapple	Cinnamon Applesauce/Raisins	
13	Alternate Pizza Option 14	15	16	17	
Chicken Patty on a Bun	BBQ McRib on Bun	Spaghetti and Meat Sauce			
Colossal Crisp Fries	Smiley Potatoes	Garlic Toast			
Steamed Carrots	Steamed Corn	Steamed Mixed Vegeables	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	2
Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	Fresh Fruit			
Diced Pineapple	Sliced Peaches	Salad Bar			
Brownie	White Cake/Strawberries	Sliced Pears/Raisins			
20	Alternate Pizza Option 21	Ash Wednesday 22	Alternate Pizza Option 23	Lent 24	
	Chicken Nuggets w/ Dinner Roll	Homemade Cheese Pizza	Beef & Noodles	Grilled Cheese	
	Mac-n-Cheese	Garlic Breadstick	Breadstick	Tomato Soup	
<b>NO SCHOOL</b>	Steamed Broccoli	Steamed Mixed Vegetables	Steamed Peas	Saltine Crackers	3
	Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	Steamed Green Beans	
	Sliced Pears	Diced Apricots	Mixed Fruit	Fresh Fruit/Salad Bar	
	Raisins	Dried Cranberries	Vanilla Pudding	Pear Halves	
27	Alternate Pizza Option 28	March 1	Alternate Pizza Option Mar.2	Lent March 3	
Chicken Fettuccini Alfredo	Weiner Wink	Breaded Pork Chop	Pulled BBQ Pork on a Bun	French Toast Sticks	
Garlic Breadstick	Colossal Crisp Fries	Mashed Potatoes & Gravy	Baked Potato/Sour Cream	Egg Patty	
Steamed Broccoli	Bush's Baked Beans	Dinner Roll	Steamed Green Beans	Hashbrown Patty	4
Fresh Fruit/Salad Bar	Fresh Fruit/Salad Bar	Steamed Corn	Fresh Fruit/Salad Bar	Cinnamon Roll	
Mixed Fruit	Pear Halves	Fresh Fruit/Salad Bar	Diced Pineapple	Carton of Orange Juice	
Frozen Fruit Slushie	Rice Krispie Treat	Sliced Peaches/Raisins	JELLO CAKE	Blueberries/Applesauce Cup	

Peanut Butter/String Cheese or Deli Ham/String Cheese or Deli Turkey/String Cheese are available as an alternate to the main entree every day!

We will offer a HOT pizza alternative entree item on Tuesdays and Thursdays - french bread pepperoni pizza or pizza crunchers with marinara

We will offer a fresh salad bar DAILY with Shredded or Chopped Lettuce and a variety of raw veggies (carrots, red & green peppers, celery, broccoli, cauliflower, etc.)

New for 22-23 School Year: We will have Farmtek Hilltop greens fresh leaf lettuce, cucumbers, and cherry tomatoes available on the salad bar too!

Each meal includes a choice of: 1% white milk or skim chocolate milk or skim white milk or skim strawberry milk.

Some of the variety of fresh fruits we serve....strawberries, apples, grapes, watermelon, canteloupe, bananas, clementines, kiwi, blueberries, oranges, etc.

**This institution is an equal opportunity provider**