



Tonasket Elementary

Focused on Learning and Linking Learning to Life.

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Dear TES Families,

January 27, 2023

We are in the midst of a very busy time of year here at Tonasket Elementary. With half of the school year behind us now, students are back in their learning routine after winter break and working hard at learning. This is the time of year that we typically see a great deal of growth in our students.

There are many activities for students to enjoy in the coming month. **Jump Rope for Heart**, our annual fundraiser to benefit the Heart Foundation will kick off on Monday, February 6th. We will be celebrating the **One Hundredth Day of School** on the 8th, and **Valentine's Day** on the 14th. I am also pleased to announce that **Math is Cool** will be returning to an in-person competition in Wenatchee this year! This is a program that provides an opportunity for 4th and 5th graders to work on advanced mathematics and compete in a regional tournament. This year, the fifth grade tournament will take place on February 24th.

Next week, the PTO is sponsoring the Missoula Children's Theater performance of **The Little Mermaid**. Students in grades K-12 may audition. Auditions will be held on Monday, January 30th with rehearsals taking place throughout the week. The final performance is scheduled for Saturday, February 4th at 1:00PM and 4:00PM. Please see the Tonasket PTO Facebook page for more information.

As you can see, February is filled with learning opportunities to meet a variety of interests for our students. I know this will be a great month of learning and look forward to seeing students showcase their talents and abilities in the coming month.

Please join me for our **First Friday Coffee** on February 3rd at 8:45AM. This is a time to meet with me and discuss questions, suggestions, or concerns you may have. I appreciate feedback from parents and always enjoy the conversation.

As always, if you have questions, suggestions, or concerns, please do not hesitate to stop by and visit, call me at (509) 486-4933 or contact me by email at lmartin@tonasket.wednet.edu.

Warmly,
Lilly Martin

Spring PICTURE DAY IS COMING SOON!

Personality Portraits

10x8 Class Photo

WE'RE PROUD TO BE TOUCH-FREE!

ORDER ONLINE

Only online orders will be accepted
parsonsphotography.com

CAN'T ORDER ONLINE?
CALL US AND WE'LL HELP!

Order online by 3PM the day before Picture Day

Only students with orders will be photographed in the Spring

parsons
(509) 662-9576
(800) 846-8469
parsonsphotography.com

Order online by 3PM the day before Picture Day!

Happy February. This newsletter is going to be a little different than others I have written. This one involves some interaction and some imagination. These scenarios may feel very triggering.

You are a student here at school. You have just come in from recess and go to sit down at a lunch table next to your peers. When you sit down silence follows; a couple seconds later a group of your peers (six or seven of them) say nothing and get up from the table and leave. They go sit at a different table. What are your thoughts? Feelings? Can you still taste your food? Are you still hungry?

Now imagine this; it's your kid in this scenario. He or She is the one left at the table. How are you feeling now? What are your thoughts?

Now imagine, once again, that your kid is one who got up and walked away from the table. How are you feeling? What conversation would you like to have with your son or daughter? Are you justifying it? Are you denying it?

Let's imagine another scenario...

You are at recess and you ask a group of kids if you can play with them? These kids proceed to use profanity and call you names. They then shove you around a little bit before walking away. What thoughts are going through your head? Are you wondering if this is your fault? Are you thinking of ways to avoid coming back to school? How are you feeling? Are you angry, sad, lonely?

What if the kid in this scenario is yours? How do you feel about that? What if your son or daughter is one of the students doing and saying these things to another? How are you feeling? Are you excusing their behavior? Are you denying it?

Some of you, after reading these scenarios, might be feeling enraged. Some of you may be feeling sad. And some of you may be feeling denial. Some of you may say "Well, the school needs to do more to stop this from happening!"

This is why I'm sharing this with you today. I want you to know what we are seeing at school, and share what is being done to address it, and I want to ask for your help.

We take bullying seriously and appropriately discipline students who engage in it. Although we administer suspensions for this behavior, eventually students come back.

In addition to teaching bully prevention strategies monthly in every classroom, I work with students on conflict resolution, I meet with them individually and in group settings, and I've even invited older students to role model appropriate behaviors and share their experiences. Your students know the terminology and can easily identify bullying in scenarios like the ones I shared above. They tell me it's wrong, but we aren't seeing them practice these skills.

What is the key to creating kindness and tolerance? This is where we are asking for your help and support. I believe it takes a village to raise a child. Please, talk with your child about the scenarios above. Share with them your values and expectations for how they treat others. Discuss with them what they would feel like if these scenarios were happening to them, and how you would feel if you found out they were the instigators.

The impact of bullying is long-term and serious. It's important that we talk with our students about it early and often. As Theodore Roosevelt once said... "Knowing what's right doesn't mean much unless you do what's right."

As always please feel free to reach out if you have any questions, concerns or needs.

Sincerely,
Cayla Monroe-Sellers
TES School Counselor

Counselors **Corner**



Missoula Children's Theatre Auditions

**Monday
January 30th
3:30 – 5:30 PM**

Tonasket High School Commons

Students, grades K-12, are encouraged to audition. No advance preparation is necessary. Those auditioning should arrive at 3:30 PM and plan to stay for the full two hours. There is no guarantee that everyone who auditions will be cast in the play. Some cast members will be asked to stay for a rehearsal immediately following the auditions. Roles to be cast include Merfolk, Town Criers, Starfish, Seasideers, King, Queen, Prince & more! Assistant Directors will also be cast to aid in rehearsals throughout the week and to take on essential backstage responsibilities. Students will need to commit to rehearsals every night that week (Jan 30th - Feb 3rd), M-F, from 3:30-8:00 pm, along with 2 performances on Saturday, Feb 4th. Not all parts will practice during every rehearsal time. Please contact Ashley Fardys at 322-3650 for more information.

The Little Mermaid will be performed on Saturday, February 4th at 1:00 & 4:00 PM at the Tonasket High School commons. Don't miss it! Tickets are free or by donation and are available at the show.

PTO News

We are so excited for our Missoula Children's Theatre performance of the Little Mermaid! It's always an exciting week where students work hard and we can't wait to see what they can do!

It's time to gear up for our Annual Fund Run! This year's Fund Run will kickoff on March 31st! If you have a business, know a business or just want to sponsor, send us an email or give us a call! A \$50 dollar sponsor gets your name on the Fund Run banner and a \$300 dollar sponsor gets your name on the banner AND the Fund Run T-shirts! Students will begin collecting personal donations at the kickoff! Help us make this year's Fund Run even more successful than last year!

It's official: Pacific Science Center is coming in May!

Thank you families for all your support of our PTO! Join us on the Third Thursday of each month at 6:00pm for our PTO meetings and if you'd like to volunteer for any of the events coming up, let us know!



**BE THE TORCH!
KIDS HEART CHALLENGE™
IS COMING SOON**



Our school is proud to partner with the American Heart Association through Kids Heart Challenge! When students join our online team, they will hear from kids with special hearts and raise funds to help kids like them. Activities and interactive technologies make it fun to learn how to keep your heart and brain strong and emphasize both physical and emotional wellness. **This year we are challenging all families at our school to learn the steps to Hands-Only CPR while completing Finn's Mission!**

STEPS TO GET STARTED:

- Download our Kids Heart Challenge app or visit heart.org/KHC to register.
- Help your student choose a daily health challenge: **MOVE MORE** or **BE KIND**.
- Set a fundraising goal with your student and send emails to invite friends and family to support it.

Start Date: February 6th

Goal: \$3,000

URL: <http://www2.heart.org/goto/tonasket>

Incentives:

- 1) Top student gets to be the PE teacher and will earn a surprise gift from Mrs. Massart!!
- 2) Top fundraising class per grade gets FREE choice PE!
- 3) Any student who can raise \$50 will get to pick a gift from the treasure chest!



February 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 First Friday Coffee 8:45am	4 MCT Performance 1pm & 4pm
	Missoula Children's Theater Practice 3:30pm-8pm at HS.					
5	6 Kids Heart Challenge starts	7	8 100 th Day of School Early Release 12:25pm	9	10	11
12	13	14 Valentine's Day Parties	15 Migrant Meeting 6pm	16 PTO Mtg. 6pm	17 Kids Heart Challenge Deadline	18
19	20 Presidents' Day No School	21	22 Early Release 12:25pm	23 GR2&3 Nutcracker Performance 6pm	24 GR5 Math Is Cool Competition	25
26	27	28 Class Picture Day				

Dates to Remember

Jan. 31st-Feb. 3rd MCT Practice 3:30pm-8pm @ HS
 Feb. 3rd First Friday Coffee 8:40am
 Feb. 4th MCT Presentation 1pm & 4pm
 Feb. 6th Kids Heart Challenge starts
 Feb. 8th 100th Day of School
 Feb. 8th Early Release 12:25pm
 Feb. 14th Valentine's Day Parties
 Feb. 15th Monthly Migrant Meeting
 Feb. 16th PTO Mtg. 6pm
 Feb. 17th Kids Heart Challenge Deadline
 Feb. 20th Presidents' Day- No School
 Feb. 22nd Early Release 12:25pm
 Feb. 23rd GR2 & 3 Nutcracker Performance 6pm
 Feb. 28th Class Picture Day

Anoten en sus Calendarios

31-3 de Febrero práctica para el MCT 3:30-8pm @ HS
 3 de Febrero Primer viernes Café 8:40-9:05am
 1 de Febrero La representación de "MCT" 1pm & 4pm
 6 de Febrero Comienza el desafío del corazón de los niños
 8 de Febrero Día 100 de la escuela
 8 de Febrero Salida Temprana 12:25pm
 14 de Febrero Celebración del Día de la Amistad
 15 de Febrero Reunión Mensual Para Padres
 16 de Febrero Junta de PTO 6pm
 17 de Febrero Fecha límite del desafío del corazón de los niños
 20 de Febrero No Escuela- el día de los presidentes
 22 de Febrero Salida Temprana 12:25pm
 23 de Febrero Actuación de Cascanueces GR2 y 3 6pm
 28 de Febrero Día de fotos de clase



Come join us for a special performance of The Nutcracker! Our second and third graders have been working hard to learn music for this program alongside Cub Chorus. While this story is generally told around Christmas time, we are thrilled to deliver this birthday adaptation for your viewing pleasure. Please note, the correct date and time for the performance is: Wednesday February 22nd at 6:00 pm. Performers need to arrive at 5:30 pm.

Monthly Migrant News

The Migrant Monthly Meeting
will take place on Wednesday, February 15 at 6:00 p.m.
in the Elementary Commons

This message is a bit different. We want to ask you to decipher the following exercise and whether you can read it or not
come to the Migrant Monthly Meeting.

It's not badly written, take a good look at it and you'll understand.

3XC3LL3N7 3X3RC153

0N3
D4Y
0F
5UMM3R
1 W45
1N
7H3
834CH

W47CH1N6
70 7W0 61RL5
JUMP1N6 1N 7H3 54ND,
7H3Y W3R3 W0RK1N6 4 L07
8U1LD1N6 4 C457L3
0F 54ND W17H 70W3R5,
H1DD3N P4554635 4ND 8R1D635.
WH3N 7H3Y W3R3 F1N15H1N6
4 W4V3 C4M3 D357R0Y1N6
4LL R3DUC1N6 7H3 C457L3
70 L075 0F 54ND 4ND F04M.

1 7H0U6H7 7H47 4F73R 50 MUCH 3FF0R7 7H3 61RL5 W0ULD 574R7 CRY1N6, 8U7 1N5734D 7H3Y RUN 4CR055
7H3 834CH L4U6H1N6 4ND PL4Y1N6 4ND 8364N 70 8U1LD 4N07H3R C457L3; 1 UND3R574ND 7H47 1 H4D
L34RN3D 4 6R347 L3550N; W3 5P3ND 4 L07 0F 71M3 0F 0UR L1F3 8U1LD1N6 50M37H1N6 8U7 WH3N L473R 4
W4V3 C4M3 70 D357R0Y 3V3RY7H1N6, 0NLY FR13ND5H1P, L0V3 4ND 4FF3C710N R3M41N5, 4ND 7H3 H4ND5
0F 7H053 WH0 4R3 48L3 70 M4K3 U5 5M1L3.



Hooray 
for 100 days!