

# Chaffee Jr/Sr High Menu

1% Milk is included with this meal.

If you have any questions or suggestions please contact  
FSD Cassie Wright email: cwright@chaffee.k12.mo.us

November  
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1</b> Breakfast Flatbread</p> <p>Creamy Chicken Enchilada Bake Roasted Corn Red/Orange Bell Pepper Salsa Canned Fruit Bar</p>	<p><b>2</b> Cinnamon Roll</p> <p>Sloppy Joe on a Bun BBQ Rib Sandwich Baked Beans Steamed Broccoli Sweet Potato Fries Canned Fruit Bar</p>	<p><b>3</b> Sausage Breakfast Pizza</p> <p>Chicken Alfredo w/Pasta Garlic Breadstick Steamed Broccoli Cucumber Slices Canned Fruit Bar</p>	<p><b>4</b> Vanilla Frosted Long John</p> <p>Baked Potato Bar Garden Salad Cauliflower Floret Fresh Fruit Bar</p>
<p><b>7</b> Brekkie</p> <p>Crispy Chicken Sub Baked Beans Cherry Tomato Canned Fruit Bar</p>	<p><b>8</b> Sausage Pancake Sandwich</p> <p>Jambalaya Cheesy Garlic Toast Roasted Cauliflower Caesar Salad Canned Fruit Bar</p>	<p><b>9</b> Egg &amp; Cheese Breakfast Sandwich</p> <p>Roast Turkey Whole Grain Dinner Roll Mashed Potatoes Gravy Steamed Green Beans Bread Stuffing</p>	<p><b>10</b> Mini Donut</p> <p>Corn Dog Macaroni &amp; Cheese Broccoli Salad Fresh Fruit Bar Baked Beans</p>	<p><b>11</b> Cheesy Ham &amp; Egg Bake</p> <p>Parmesan Chicken Bites Buttered Noodles Steamed Green Beans Baby Carrots Fresh Fruit Bar</p>
<p><b>14</b> Blueberry Loaf</p> <p>Frito Chili Pie Baked Beans Golden French Fries Romaine Lettuce Canned Fruit Bar</p>	<p><b>15</b> Pancake on a Stick</p> <p>Cheesy Italian Flatbread Roasted Broccoli Red/Orange Bell Pepper Canned Fruit Bar</p>	<p><b>16</b> French Toast</p> <p>BBQ Pulled Pork Sandwich Steamed Green Beans Coleslaw Canned Fruit Bar Sugar Cookie</p>	<p><b>17</b> Yogurt Parfait with Fruit &amp; Granola</p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll Steamed Corn Baby Carrots Fresh Fruit Bar</p>	<p><b>18</b> Breakfast Burrito</p> <p>Buffalo Chicken Tot Bake Roasted Broccoli Cherry Tomato Canned Fruit Bar</p>
<p><b>21</b> Thanksgiving Break</p>	<p><b>22</b> Thanksgiving Break</p>	<p><b>23</b> Thanksgiving Break</p>	<p><b>24</b> Happy Thanksgiving</p>	<p><b>25</b> Thanksgiving Break</p>
<p><b>28</b> Banana Chocolate Loaf</p> <p>General Tso's Chicken Fried Rice Steamed Broccoli Romaine Lettuce Cherry Tomato Canned Fruit Bar</p>	<p><b>29</b> Bacon, Egg &amp; Cheese on Biscuit</p> <p>Pasta with Meat Sauce Garlic Breadstick Roasted Cauliflower Caesar Salad Canned Fruit Bar</p>	<p><b>30</b> Sausage Breakfast Pizza</p> <p>Totchos Steamed Peas Cucumber Slices Fresh Fruit Bar Homemade Tomato Soup</p>		

PRICES

EXTRA INFO

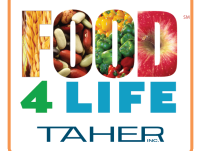
Breakfast Daily: Biscuit & Gravy,  
Sausage Biscuit, Cereal & Pop-Tart  
Lunch Daily: Pizza Parlor & Nacho Bar  
Subs & Salads; Chicken Sandwich

HARVEST OF



THE MONTH

Menus and nutrition  
our app  
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