

Chaffee Jr/Sr High Lunch Menu

Fresh Fruits & Vegetable Choices Daily

November
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Creamy Chicken Enchilada Bake</p> <p>Roasted Corn Red/Orange Bell Pepper Salsa</p> <p>Canned Fruit Bar</p>	<p>2</p> <p>Sloppy Joe on a Bun BBQ Rib Sandwich</p> <p>Baked Beans Steamed Broccoli Sweet Potato Fries</p> <p>Canned Fruit Bar</p>	<p>3</p> <p>Chicken Alfredo w/Pasta Garlic Breadstick</p> <p>Steamed Broccoli Cucumber Slices</p> <p>Canned Fruit Bar</p>	<p>4</p> <p>Baked Potato Bar</p> <p>Garden Salad Cauliflower Floret</p> <p>Fresh Fruit Bar</p>
<p>7</p> <p>Crispy Chicken Sub</p> <p>Baked Beans Cherry Tomato</p> <p>Canned Fruit Bar</p>	<p>8</p> <p>Jambalaya Cheesy Garlic Toast</p> <p>Roasted Cauliflower Caesar Salad</p> <p>Canned Fruit Bar</p>	<p>9</p> <p>Roast Turkey Whole Grain Dinner Roll</p> <p>Mashed Potatoes Gravy Steamed Green Beans Bread Stuffing Cranberries Fresh Fruit Bar Harvest Bar</p>	<p>10</p> <p>Corn Dog Macaroni & Cheese</p> <p>Broccoli Salad</p> <p>Fresh Fruit Bar Baked Beans</p>	<p>11</p> <p>Parmesan Chicken Bites Buttered Noodles</p> <p>Steamed Green Beans Baby Carrots</p> <p>Fresh Fruit Bar</p>
<p>14</p> <p>Frito Chili Pie</p> <p>Steamed Green Beans Romaine Lettuce</p> <p>Canned Fruit Bar</p>	<p>15</p> <p>Cheesy Italian Flatbread</p> <p>Roasted Broccoli Red/Orange Bell Pepper</p> <p>Canned Fruit Bar</p>	<p>16</p> <p>BBQ Pulled Pork Sandwich</p> <p>Golden Crinkle Cut French Fries Baked Beans Coleslaw</p> <p>Canned Fruit Bar Sugar Cookie</p>	<p>17</p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll</p> <p>Steamed Corn Baby Carrots</p> <p>Fresh Fruit Bar</p>	<p>18</p> <p>Buffalo Chicken Tot Bake</p> <p>Roasted Broccoli Cherry Tomato</p> <p>Canned Fruit Bar</p>
<p>21 Thanksgiving Break</p>	<p>22 Thanksgiving Break</p>	<p>23 Thanksgiving Break</p>	<p>24 Thanksgiving Break Happy Thanksgiving</p>	<p>25 Thanksgiving Break</p>
<p>28</p> <p>General Tso's Chicken Fried Rice</p> <p>Steamed Broccoli Romaine Lettuce Cherry Tomato</p> <p>Canned Fruit Bar</p>	<p>29</p> <p>Pasta with Meat Sauce Garlic Breadstick</p> <p>Roasted Cauliflower Caesar Salad</p> <p>Canned Fruit Bar</p>	<p>30</p> <p>Totchos</p> <p>Steamed Peas Cucumber Slices</p> <p>Fresh Fruit Bar Homemade Tomato Soup</p>		

PRICES

EXTRA INFO

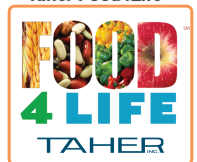
Daily Offerings: Fresh Deli, Pizza, & Nachos
1% White Milk, Skim Chocolate or Skim Strawberry is included with this meal.
If you have any questions or suggestions please contact FSD Cassie Wright.
Email: cwright@chaffee.k12.mo.us

HARVEST OF



THE MONTH

Menus and nutrition
our app
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