

What Is Your New Year's Resolution?

DECEMBER 2022 OAK BLUFFS SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday



5
Chicken noodle soup
Cheese quesadilla
Salsa & sour cream
Fresh fruit
Skim milk

6
Turkey club wrap
Veggie Sticks
Fresh fruit
Skim milk

7
Cheese or Pepperoni pizza
Garden salad
Fresh fruit
Skim milk

8
American Chop Suey
Bread Stick
Cuke & Tom Salad
Fresh Fruit
Skim milk

9
Cheeseburger
Chips
Fresh Fruit
Chocolate skim milk

12
Beef tacos
Sour cream & salsa
Fresh fruit
Skim milk

13
Shepherd's Pie
Biscuit
Fresh fruit
Skim milk

14
Cheese or Pepperoni pizza
Garden salad
Fresh fruit
Skim milk

15
Crispy chicken
Caesar salad
Garlic bread
Fresh fruit
Skim milk

16
Hot dog
French fries
Fresh fruit
Chocolate skim milk

19
Chicken patty
Sandwich w/ cheese
Sliced cucumbers
Fresh fruit
Skim milk

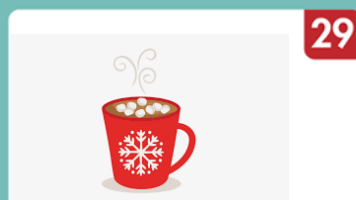
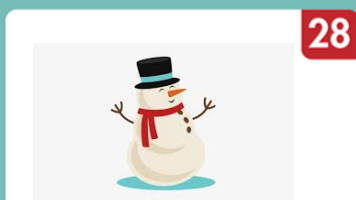
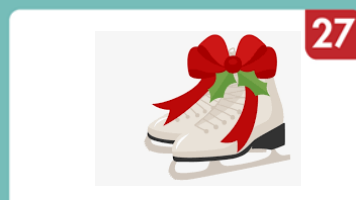
20
Penne pasta w/ Meatballs
Tomato, mozz salad
Fresh fruit
Skim milk

21
Cheese or Pepperoni pizza
Garden salad
Fresh fruit
Skim milk

22
BBQ pulled pork
Sandwich
Tater tots
Fresh fruit
Skim milk

23
1/2 DAY
Ham & Cheese
Croissant
Fresh Fruit
Chocolate skim milk

26
Holiday Break



30
See you In 2023!

Daily Alternative Lunch

Sun Butter & Jelly Sandwich, Yogurt Parfait, Humus Cup w/ Pita Chips and Veggies

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Only whole grain breads available (W/G)

ALL meals FREE to students through 6/30/23

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