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| TOPEKA PUBLIC SCHOOLS | REGULATION NUMBER: 6120-1 |
| SUBJECT: SUBSTANCE ABUSE PREVENTION PROGRAMMING (RELATED POLICIES--NO. 8125, DISCIPLINE NO. 8175, SMOKING; NO.8200, ALCOHOL; NO. 8225, DRUGS) | DATE OF ISSUE: 09/19/89 <hr/> REVISIONS: 02/07/97 <hr/> PREPARING OFFICE: INSTRUCTION AND LEARNING |

I. PURPOSE:

To establish procedures for the provision of programs designed to prevent, reduce, and/or eliminate tobacco, alcohol and other drug abuse.

II. PERSONNEL AFFECTED

- A. Building Administrators
- B. Building Staff
- C. Students
- D. Prevention Specialist
- E. Consultants

III. PROCEDURES:

A. Program Development

The Department of Instruction and Learning, through the prevention specialist and/or approved contractors, will assist attendance centers in the development of a substance abuse prevention curriculum and a building plan that are based on a zero-tolerance philosophy. Instructional materials should be developmentally and age-appropriate, based on the current knowledge base, and be comprehensive in scope and sequence. The curriculum will incorporate drug-awareness information, positive life-skills education, (including alternative activities), and include segments on attitudes toward use and peer pressure.

Each attendance center shall annually review its building plan with the site council. Documentation of the review shall be forwarded to the prevention specialist in the Department of Instruction and Learning.

B. Program Components

09/18/89

Revisions: 02/07/97

Topeka Public Schools

The focus of the building plans will be determined by the needs of the students in each building and will be identified by surveys, staff and parent observation, and other related community information. Plans will consist of three components.

1. **Prevention** - Selected curriculums and/or programs designed to keep students from initiating the use of alcohol, tobacco, and other drugs. Components of an effective prevention program include awareness of current information, discussion of alternatives to use, encouragement and support for the no-use message, promotion of self-esteem, the teaching of effective communication skills, and the nurturing and development of respect for self and others. Prevention resources should address the areas of knowledge about the consequences of substance use, the development of refusal skills, the impact of attitudes toward substance use (particularly by peers and family), and the identification of risk and protective factors.
2. **Intervention** - Strategies and/or other programs designed to interrupt the use of alcohol, tobacco, and other drugs through early identification and referral, counseling, and student support groups. Parent or lawful custodian shall be immediately notified of the possible need for medical or professional intervention.

When appropriate, school security and/or the Topeka Police Department shall be notified when the policy is violated. Pursuant to Section IX of Policy No. 8125, before any student suspended for a substance abuse violation (code numbers 8, 9, 10, or 12 of Section II) returns to school, said student must provide evidence of a consultation with a substance abuse specialist wherein the student's substance abuse problem was assessed and evaluated. Consultations at the Shawnee Regional Prevention and Recovery Services, 2209 SW 29 Street, Topeka, KS 66611-1908, Telephone No. 266-8666, Fax No. 266-3833, are paid for by the Greater Topeka United Way. Students have the option of arranging alternative consultations at their own expense.

3. **Postvention** - Strategies and/or student programs designed to prohibit the recurrence of alcohol, tobacco, and other drug use should be developed cooperatively by building administrators, staff, parents, treatment representatives, and other significant individuals in the student's life.

C. Program Implementation

Program planning and evaluation will be a cooperative effort led by the building administrator. Implementation will be directed by the building administrators and/or their designees. Assistance with the planning, implementation, and/or evaluation will be provided by the prevention specialist and/or consultants approved by the Department of Instruction and Learning.