

TOPEKA PUBLIC SCHOOLS	REGULATION NUMBER: 8300-04
SUBJECT: PHYSICAL EXAMINATIONS FOR STUDENTS	DATE OF ISSUE: 06/18/80 <hr/> REVISIONS: 10/21/96; 05/08/98; 07/19/02 08/17/15; 07/12/19 <hr/> PREPARING OFFICE: NURSING SERVICES

I. PURPOSE

To establish procedures for ensuring the implementation of the policy pertaining to physical examinations for students.

II. PROCEDURES

A. Health Assessments: Statutory Requirements

- a) Prior to admission to and attendance in school, every pupil up to the age of nine (9) years who has not previously enrolled in any school in this state shall present the results of a health assessment, which shall have been conducted within twelve (12) months of school entry by a nurse who has completed the department of health and environment training and certification, by a physician, or by a person acting under the direction of a physician.

Information contained in the health assessment shall be confidential and shall not be disclosed or made public beyond that necessary under this section except that:

- (1) Information contained in the health assessment may be disclosed to school personnel but only to the extent necessary to administer this section and protect the health of the pupil;
 - (2) If a medical emergency exists, the information contained in the health assessment may be disclosed to medical personnel to the extent necessary to protect the health of the pupil;
 - (3) If the parent or guardian of a pupil under eighteen (18) years of age consents to the disclosure of the information contained in the health assessment or, if the pupil is eighteen (18) years of age or older, if the pupil consents to the disclosure of the information; and
 - (4) If no person can be identified in the information to be disclosed and the disclosure is for statistical purposes.
- b) As an alternative to the health assessment required under subsection (a), a pupil shall present:
- (1) A written statement signed by one parent or guardian that the child is an adherent of a religious denomination whose religious teachings are opposed to such assessments; or
 - (2) A written statement signed by one parent or guardian that such assessment will be scheduled and completed within 90 days after admission to school.

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- c) Prior to the commencement of each school year, the school board of every school affected by this section shall give all known pupils who will be enrolling in the school and who are subject to the requirements of regulation, a copy of any policy regarding the implementation of the provisions of this section adopted by the school board.
- d) If a pupil transfers from one school to another, the school from which the pupil transfers shall forward with the pupil's transcript, upon request of the parent or guardian of the pupil therefor, the results of the health assessment showing evidence of compliance with the requirements of this section to the school to which the pupil transfers.
- e) Local health departments and clinics may charge a sliding fee for providing such health assessments based on ability to pay, and no pupil shall be denied the health assessment due to inability to pay.
- f) The school board of every school affected by this section may exclude from school attendance, or by policy adopted by any such school board authorize any certificated employee or committee of certificated employees to exclude from school attendance, any pupil who is subject to and who has not complied with the requirements of this regulation. A pupil shall be subject to exclusion from school attendance under this section until such time as the pupil shall have complied with the requirements of this regulation. The policy shall include provisions for written notice to be given to the parent or guardian of the involved pupil. The notice shall indicate the reason for the exclusion from school attendance, state that the pupil shall continue to be excluded until the pupil has complied with the requirements of this regulation and inform the parent or guardian that a hearing thereon shall be afforded the parent or guardian upon request for a hearing.
- g) The compulsory attendance law does not apply to any pupil while excluded from school attendance under the provisions of this regulation.

B. Initial Physical Examination

In addition to the requirements of the law, each child, prior to entrance in kindergarten, is required to have a complete health assessment in the office of a family physician and is advised to have an examination in the office of the family dentist and is encouraged to follow the advice of the doctor and dentist in correcting any deficiencies. Each child is also given hearing and vision screenings during the school year, and if any deficiencies are noted, the child is referred for further examination and care to a specialist selected by the parent(s). Parent(s) of kindergarten children are asked to present evidence and findings of these examinations to the school at the time of registration.

These and other health suggestions should be made to parent(s) at a "Kindergarten Orientation" conducted each year in each elementary school.

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Each child is encouraged to have regular physical examinations at intervals prescribed by the family physician. All children are urged to present the evidence and findings of such an examination to the school upon completion.

D. Physical Examinations for Continued School Attendance

Pursuant to state law, no person afflicted with any infectious or contagious disease dangerous to the public health shall be admitted into any public school. It shall be the duty of the parent or guardian and the principal to exclude from school any child or other person affected with a disease suspected of being infectious or contagious until the expiration of the prescribed period of isolation or quarantine for the particular infectious or contagious disease. If a doctor or local health officer finds upon examination that the person affected with a disease, suspected of being infectious or contagious, is not suffering from an infectious or contagious disease, he or she may submit a certificate to this effect to the person in charge of the public school, and such person shall be readmitted to school.

If a child appears to be ill or injured, and it is believed by the teacher, nurse, or principal that the illness or injury is not being treated; or if it is believed by the teacher, nurse, or principal that further diagnosis is indicated, the child may be required by the principal or other person in charge of the school to have a physical examination and produce evidence of satisfactory diagnosis and treatment. If this evidence is not produced by referral to private medical service by the family, the school principal will contact DCF.

E. Health Inspection for Student Employees

Before a student may participate in food-handling activities in a school lunchroom or cafeteria, s/he must have a health inspection by the school nurse. This inspection includes general health, appearance, eye, ear, nose, throat, teeth, hands, and face. The student must exemplify proper habits of personal hygiene.

F. Physical Examination and Parental Consent for Students in Interscholastic Athletics

Before participation in interschool activities, each athlete must have a physical examination. This examination must be taken sometime after May 1 for the following school year in which the student will participate.

G. Basic Physical Testing of Students

A basic vision and hearing testing of students is to be provided in Topeka Unified School District No. 501 in accordance with Kansas School Laws. The Superintendent or his/her designee is authorized to establish the necessary procedures to implement this regulation.

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