

GUIDELINES FOR MANAGEMENT OF SEIZURE ACTIVITY

1. **INITIATE CLASSROOM EMERGENCY RESPONSE** (and Notify Health Office)
2. If appropriate, place student on floor, turn on side (right side if possible) with head to side. If student is in wheelchair (W/C), leave in W/C. Maintain open airway.
3. Clear area around student to prevent injury. Maintain student dignity.
4. Note time seizure begins and ends, and what areas of the body are affected.
5. **DO NOT attempt to insert anything into mouth.**
6. If student vomits allow vomitus to drain, maintaining airway (use universal precautions).
7. When seizure has subsided, allow student to sleep, continue activity as appropriate, or accompany student to health office. **(In most situations, student's parents will transport student home for further evaluation and rest.)**
8. Observe closely for possible recurrence of seizure activity.
9. Health Office:
 - Inform parent of seizure activity and action taken.
 - Notify administration/site supervisor (if appropriate).
10. Health Office Personnel:
 - Contact District Nurse for the following (if available):
 - If seizure is first known seizure for student.
 - If seizure is associated with fever
 - If there is a change in the usual seizure pattern.
 - If seizures have previously been controlled.
 - If sleep period lasts over one hour.
11. **Do not transport student off Campus within 30 minutes of incident unless via ambulance or accompanied by parent.**
12. If injury occurs, complete accident/incident report.
13. Review student specific information with Health office and District Nurse.

Call 911 if:

- Seizure activity with loss of consciousness lasts 5 minutes
- The student is not breathing at the end of the seizure (Initiate CPR)
- Student begins another seizure (multiple seizures) without regaining consciousness
- There are other injuries requiring Emergency Services
- Seizure is associated with Head Trauma
- If seizure is first known seizure for student
- If seizure is associated with high fever

Source:

- CSNO Pamphlet, First Aid in the School Setting.
- Sanatilli, N., Dodson, E., and Walton, A. 1991. Students with Seizures: A manual for school nurses. HealthScan Publication, Cedar Grove, New Jersey.
- Lewis, D., and Thompson, a. 1986. Handbook of School Health. Addison-Wesley Publishing Company. Menlo Park, Ca.